



Rising Lotus

Wellness Center

"The Standard in Acupuncture"



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1. Do you wear a pace maker or any other battery operated or electrical implant? YES / NO
2. Are you on heartbeat regulating medication? YES / NO
3. Are you an organ transplant recipient or donor? YES / NO
4. Are you on medication that blood levels need to be maintained? YES / NO
5. Are you taking – blood pressure medication YES / NO
6. Are you taking – Seizure medication YES / NO
7. Are you taking – Depression medication? YES / NO
8. Have you eaten? YES / NO How long ago?
9. Are you pregnant? YES / NO
10. Are you lactating and/or nursing? YES / NO

Because our bodies are approximately 70% water, we ourselves interact with this field (IonCleanse®). The toxins in our bodies will look similar to the toxins predominant in a specific area; however, there will be more toxic particles in the water with the client's feet immersed.

WHAT TO EXPECT FROM AN IONCLEANSE® SESSION

"Healthy individuals can expect to feel lighter and experience a greater feeling of well being from each IonCleanse® session. Some people with pain, edema and swollen or deteriorating joints have reported symptomatic relief from IonCleanse® sessions."

AFTER the session you may experience: thirst, light headedness, light headache, hunger and/or a need to rest right after the session. Also, you may experience loose stool for a couple of days. These are all typical responses to detoxification. Many people; however, experience none of the above.

The IonCleanse® helps your body to start a detox process and during that process you need to give your body a chance to re-calibrate from the shift in toxic load.

REST, NUTRITION, WATER CONSUMPTION, and ABILITY of the body to eliminate toxic load, are all important in healing.

AFTER your IonCleanse® session you may need to replace the following:

ELECTROLYTES (calcium, potassium, sodium and magnesium).

MINERALS and/or VITAMIN/MINERAL COMBINATION.

FATTY ACIDS (Omega 3 and 6 fatty acids found in fish oils, flax seed oil).

ANTIOXIDANTS (Vitamin C, E, A).

Also, it is **IMPORTANT** that you are eating a balanced, nutritional diet, fresh food, drinking plenty of fluids, and taking the appropriate supplements to support your unique physical/psychological needs. Remember detoxification accelerates changes in the body and healthy lifestyle choices will support this process.

I understand that I take full responsibility for my own health and well-being.

PRINT Name _____

Client's Signature: _____ Date: _____